

Zion Lutheran Church
925 5th Avenue - Rockford, Illinois
February 4, 2024 at 9:15am

www.facebook.com/zionlutheranrockford

FIFTH SUNDAY AFTER EPIPHANY



PRELUDE

WELCOME

BIRTHDAYS AND ANNIVERSARIES

GATHERING

The Holy Spirit calls us together as the people of God

CONFESSION AND FORGIVENESS

Blessed be the holy Trinity, + one God, creator of darkness and light, word of truth, wind sweeping over the waters.

Amen.

Let us confess our sin in the presence of God and of one another. God, our rock and refuge,

we pour out our hearts before you. We have known you but have not always loved you. We have wounded one another and sinned against you. We have not always recognized the Holy Spirit dwelling in each of us. Remember your covenant. Renew your creation. Restore us, that we might proclaim your good news to all. Amen.

The voice of the Lord is upon the waters. God has spoken: The time of grace is now. In Jesus, the reign of God has come near. By the authority of + Jesus Christ, your sins are forgiven. You are God's beloved.

Amen.

GATHERING SONG "We Come to You for Healing, Lord" Red Hymnal #617



1 We come to you for heal - ing, Lord, of
2 As once you walked through an - cient streets and
3 You touch us through phy - si - cians' skills, through
4 When nights are long with wake - ful - ness, through
5 We come to you, O lov - ing Lord, in



bod - y, mind, and soul, and pray that by your
reached toward those in pain, come, ris - en Christ, a -
nurs - es' gifts of care, and through the love of
days when strength runs low, grant us your gift of
our dis - tress and pain, in trust that through our



Spir - it's touch we may a - gain be whole.
mong us still with pow'r to heal a - gain.
faith - ful friends who lift our lives in prayer.
pa - tience, Lord, your calm - ing peace to know.
nights and days your grace will heal, sus - tain.

GREETING

The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

And also with you.

KYRIE

Red Hymnal #157

In peace, in peace, let us pray to the Lord.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

For the reign of God, and for peace throughout the world,
for the unity of all, let us pray to the Lord.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

For your people here who have come to give you praise,
for the strength to live your word, let us pray to the Lord.

Lord, have mercy. Christ, have mercy. Lord, have mercy.

Help, save, and defend us, O God.

Amen.

SONG OF PRAISE "Now the Feast and Celebration" Red Hymnal #167

Refrain



Now the feast and cel - e - bra - tion, all of cre - a - tion



sings for joy to the God of life and love and free-dom;



praise and glo - ry for - ev - er - more!



1 Now is the feast of the Lamb once slain, whose blood has



freed and u - nit-ed us to be one great peo-ple of God.



2 Pow - er and rich-es, wis-dom and might, all hon - or and



glo - ry to Christ for - ev - er.



3 For God has come to dwell with us, to make us peo-ple of



God; to make all things new.

PRAYER OF THE DAY

The Lord be with you.

And also with you.

Let us pray. Everlasting God, you give strength to the weak and power to the faint. Make us agents of your healing and wholeness, that your good news may be made known to the ends of your creation, through Jesus Christ, our Savior and Lord.

Amen.

THE WORD

God speaks to us in scripture reading, preaching and song.

FIRST READING Isaiah 40:21-31

²¹Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? ²²It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; ²³who brings princes to naught, and makes the rulers of the earth as nothing. ²⁴Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. ²⁵To whom then will you compare me, or who is my equal? says the Holy One. ²⁶Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. ²⁷Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? ²⁸Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. ²⁹He gives power to the faint, and strengthens the powerless. ³⁰Even youths will faint and be weary, and the young will fall exhausted; ³¹but those who wait for the LORD shall re-

new their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

The word of the Lord.

Thanks be to God.

PSALM 147:1-11, 20c

(Congregation reads the bold)

¹Hallelujah! How good it is to sing praises to our God!

How pleasant it is to honor God with praise!

²**The LORD rebuilds Jerusalem,
and gathers the exiles of Israel.**

³The LORD heals the brokenhearted
and binds up their wounds.

⁴**The LORD counts the number of the stars
and calls them all by their names.**

⁵Great is our LORD and mighty in power;
there is no limit to God's wisdom.

⁶**The LORD lifts up the lowly,
but casts the wicked to the ground.**

⁷Sing to the LORD with thanksgiving;
make music upon the harp to our God,

⁸**who covers the heavens with clouds and prepares rain for the earth,
making grass to grow upon the mountains.**

⁹God provides food for the cattle
and for the young ravens when they cry.

¹⁰**God is not impressed by the might of a horse,
and has no pleasure in the speed of a runner,**

¹¹but finds pleasure in those who fear the LORD,
in those who await God's steadfast love. ^{20c}Hallelujah!

SECOND READING: 1 Corinthians 9:16-23

¹⁶If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! ¹⁷For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. ¹⁸What then is my reward? Just this: that in my proclamation I may

make the gospel free of charge, so as not to make full use of my rights in the gospel. ¹⁹For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. ²⁰To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. ²¹To those outside the law I became as one outside the law (though I am not free from God’s law but am under Christ’s law) so that I might win those outside the law. ²²To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. ²³I do it all for the sake of the gospel, so that I may share in its blessings.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION “Celtic Alleluia”

Red Hymnal #174

Al - le - lu - ia, al - le - lu - ia.

Al - le - lu - ia, al - le - lu - ia.

The Holy Gospel according to Mark, the 1st Chapter.
Glory to you, O Lord.

GOSPEL: Mark 1:29-39

²⁹As soon as [Jesus and the disciples] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. ³²That evening, at sunset, they brought to him all who were sick or possessed with demons. ³³And the whole city was gathered around the door. ³⁴And he cured many who

were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. ³⁵ In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶ And Simon and his companions hunted for him. ³⁷ When they found him, they said to him, “Everyone is searching for you.” ³⁸ He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do.” ³⁹ And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The gospel of our Lord. **Praise to you, O Christ.**

SERMON Pastoral Intern Rachel Perkins-Gama

SERMON SONG “Praise the One Who Breaks the Darkness”
Red Hymnal #843



1 Praise the One who breaks the dark-ness with a lib - er - at - ing light;
2 Praise the One who blessed the chil - dren with a strong yet gen - tle word;
3 Praise the one true love in - car - nate: Christ, who suf - fered in our place;



praise the One who frees the pris - 'ners, turn - ing blind - ness in - to sight.
praise the One who drove out de - mons with a pierc - ing, two - edged sword.
Je - sus died and rose for man - y that we may know God by grace.



Praise the One who preached the gos - pel, heal - ing ev - 'ry dread dis - ease,
Praise the One who brings cool wa - ter to the des - ert's burn - ing sand;
Let us sing for joy and glad - ness, see - ing what our God has done.



calm - ing storms and feed - ing thou - sands with the ver - y bread of peace.
from this well comes liv - ing wa - ter quench - ing thirst in ev - 'ry land.
Praise the one re - deem - ing glo - ry; praise the One who makes us one.

APOSTLES' CREED

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

PRAYERS OF THE CHURCH

Let us pray for the whole people of God in Christ Jesus, and for all people according to their needs. Lord in your mercy,
Hear our prayer.

Into your hands, O Lord, we commend all for whom we pray, trusting in your mercy; through your Son, Jesus Christ our Lord.
Amen.

SHARING OF THE PEACE

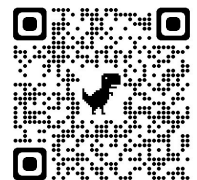
The peace of the Lord be with you always. **And also with you.**

MUSIC & OFFERING

Special Music

Timm Adams

Offering envelopes are available in the pews at your seat to designate gifts toward the ministries of Zion. The Offering Box is near the back, pulpit side and you can also go online at www.zionrockford.com, or you can click on the QR code. The Prayer Table is available for you to write a prayer request and place on the cross on the table. Prayer requests will be shared with a group of people who pray at Zion. You may take a prayer shawl from the worship space if you would like.



- 1 You who dwell in the shelter of the Lord,
who abide in this shadow for life,
say to the Lord: "My refuge,
my rock in whom I trust!"

Refrain

And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand.

- 2 The snare of the fowler will never capture you,
and famine will bring you no fear;
under God's wings your refuge,
with faithfulness your shield. *Refrain*

- 3 You need not fear the terror of the night,
nor the arrow that flies by day;
though thousands fall about you,
near you it shall not come. *Refrain*

- 4 For to the angels God's given a command
to guard you in all of your ways;
upon their hands they will bear you up,
lest you dash your foot against a stone.

Final refrain

And he will raise you up on eagle's wings,
bear you on the breath of dawn,
make you to shine like the sun,
and hold you in the palm of his hand;
and hold you, hold you in the palm of his hand.

THE MEAL

God feeds us with the presence of Jesus Christ.

PRAYER

Let us pray. Holy God, gracious and merciful, you bring forth food from the earth and nourish your whole creation. Turn our hearts toward those who hunger in any way, that all may know your care; and prepare us now to feast on the bread of life, Jesus Christ, our Savior and Lord. **Amen.**

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give God thanks and praise.

WORDS OF INSTITUTION

In the night in which he was betrayed, Jesus took bread, and gave thanks; broke it and gave it to his disciples, saying: Take and eat; this is my body, given for you. Do this for the remembrance of me. Again, after supper, he took the cup, gave thanks, and gave it for all to drink, saying: This cup is the new covenant in my blood, shed for you and for all people for the forgiveness of sin. Do this for the remembrance of me.

LORD'S PRAYER

Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

Holy Communion will be received up front. Please receive the wafer into your hand and take a cup from the communion assistant. The inner ring is grape juice and the outer rings are wine. Gluten-free wafers are available upon request. If you would like the individual prepared disposable communion, please come forward.

May the body and blood of our Lord Jesus Christ strengthen you and keep you in his grace.

Amen.

Let us pray: Life-giving God, in the mystery of Christ's resurrection, you send

light to conquer darkness, water to give new life and the bread of life to nourish your people. Send us forth as witnesses to your Son's resurrection that we may show your glory to all the world. Through Christ, our risen Lord.

Amen.

BLESSING

God who names you, Christ who claims you, and the Holy Spirit who dwells in you, ✝ bless you and remain with you always.

Amen.

THE SENDING

God blesses us and sends us in mission to the world.

SENDING SONG "I'm So Glad Jesus Lifted Me" Red Hymnal #860



1 I'm so glad I'm so glad
2 Sa - tan had me bound, Je - sus lift - ed me. Sa - tan had me bound,
3 When I was in trou - ble, When I was in trou - ble,



Je - sus lift - ed me. I'm so glad Je - sus lift - ed me,
Sa - tan had me bound,
When I was in trou - ble,



sing - ing glo - ry, hal - le - lu - jah! Je - sus lift - ed me.

SENDING

Go in peace. God is at work in you.

Thanks be to God.

POSTLUDE

PRAYER CORNER! WE ASK YOU TO PRAY FOR:



- ◇ The ELCA, Presiding Bishop Elizabeth Eaton, Bishop Stacie Fidlar, Pastor Thomas, Pastoral Intern Rachel Perkins, Pastor Emeritus Denver Bitner, the Zion Church Council, Pastor Caleb Uk of the Burmese congregation; the Zion Staff, Zion Outreach Board, Staff and Programs of Patriots Gateway Center, Katie's Cup and Zion Development Corporation.
- ◇ Pastor Cosmas Mujungu of Sepuka Parish
- ◇ Pastor Selvakumar and Arcot Lutheran Church in India and Sepuka/Msisi Church in Tanzania.
- ◇ For the Northern Illinois Synod; North Conference churches; Midtown Lutheran Parish, faculty and students of Rockford Lutheran Schools, Rockford Area Lutheran Ministries.
- ◇ For those who grieve the loss of loved ones: Verna Jay, Bonnie Sundberg, Kathy Thomas, and Gene Wessman
- ◇ For healing: Eloise Anderson, Colette Buchert, Mary Callahan, Yolanda Churchill, Norma Daugherty, Jim Duhigg, Deanna Hartenberg, Vanda Nielsen, Debbie Raymond, Linda Reinhardt, and Wayne Spitzer, .

If you have a prayer request or a prayer of thanksgiving to share, please notify Pastor Mike or Pastoral Intern Rachel. The prayer room is upstairs to the left of the sanctuary and is available during office hours and on Sunday before and after worship services.

WELCA & Food Pantry!

Cornucopia Food is in short supply of **CEREAL** and it can't be obtained from the Food Bank. A grocery cart will be in the back of the worship space for donations or you can leave them in the church office. February items: **Peanut Butter & Jelly.**

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* Pattern of Worship—resource from ELW pages 91-93

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PROGRAMS AND MINISTRIES THIS WEEK

Sunday	9:15am	Worship
Monday	9:30am	Book Study—Library
Wednesday	8:00am	Bible Study—Stockholm Inn
	10:00am	Miss Carly's Sandwich Making—Kitchen
	5:00pm	WOW—Fellowship Hall
Thursday	5:30pm	Zion Development Board
Friday	9:00am	Private Music Lesson—Youth Center
Saturday	1:00pm	Ruthie's Kitchen & Closet
Sunday	9:15am	Worship

SUNDAY WORSHIP LEADERS

Reader
 Musician Timm Adams
 Fellowship Toni Wallin in Honor of all February Birthdays

OUR WORSHIP SERVICES ARE AVAILABLE ONLINE

<https://www.facebook.com/zionlutheranrockford>

www.youtube.com/zionrockford

Please subscribe to the Zion YouTube channel

